



***40th Small Meeting on
Yeast Transport and Energetics
Stockholm, Sweden
September 3-7, 2025***

Information about the city of Stockholm

Tourist Information

Please visit the official guide to Stockholm for information what to do and see in Stockholm. [Click here for more information.](#)

Sightseeing tours

Strömma Kanalbolag offers boat tours as well as guides bus tours. [Click here for more information.](#)

City of Stockholm

Stockholm, one of the most beautiful capitals in the world, is built on 14 islands connected by 57 bridges. The beautiful buildings, the greenery, the fresh air and the proximity to the water are distinctive traits of this city. The Royal National City Park, (the first National City Park in the world), is a green space that breathes for the city, and a constant presence in the crush of the city. With its 750-year history and rich cultural life, Stockholm offers a wide selection of world-class museums and attractions. Most of the city's attractions can be reached on foot, and there's a good chance of experiencing a lot of things in a short time. Experience big-city life, the history of civilization, and natural scenery, all in the course of the same day.

Visit Stockholm City Hall. Climb the City Hall tower for a fantastic view of Stockholm. Don't miss Gamla Stan, Stockholm's oldest attraction and one of the best-preserved medieval city centers in the world. Walk through small winding streets lined with stores full of handicrafts, antiques, art galleries, and cafés. The Royal Palace and Stockholm Cathedral are also located in Gamla Stan.



The green island of Djurgården is home to some of the city's most popular attractions. Visit the world-famous warship the Vasa, the world's oldest open-air museum Skansen, or Astrid Lindgren's Junibacken. And don't miss the chance to see Stockholm from the water. Naturally, a city built on fourteen islands offers marvelous views over the water. There are many different sightseeing tours to choose from. And if fourteen islands aren't enough, Stockholm offers a wonderful archipelago with 30,000 islands, islet rocks, and skerries.

There are many reasons why Stockholm is the natural Capital of Scandinavia. One is that Stockholm is positioned at the heart of the region, and enjoys the benefits of a world-class transport infrastructure. Another is that Stockholm is the largest city in the largest country in Scandinavia. It is also where you find the most multinational companies, the largest stock market, and, not least, the most visitors. People come to Stockholm for the food, the design, and the music. Stockholm also offers a unique range of galleries and museums, and every year the eyes of the world are on Stockholm when the Nobel Prizes are awarded.

We look forward to welcoming you to the beautiful city of Stockholm!